

VERSION 0.2
BY REHAN ALLAHWALA

REHAN SCHOOL LEVEL ONE WORK BOOK B





Name _____

F/Name _____

Class _____



rehanschool/leveloneworkbookb

ABOUT THIS WORKBOOK

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Founder of Rehan School



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INTRODUCTION

Welcome to the Level One Workbook B!

This workbook is part of a special program to help you learn from real-life experiences in travel, business, and networking. Our goal is to help you become a global citizen, seeing yourself as unique among 8 billion people and treating everyone equally. We want to help you make a positive impact on 10 million people. This workbook will guide you in developing important skills and values. In Level One, which is like the 5th grade in regular schools, you'll learn about new technologies like graphic design, ChatGPT, interviews, making videos, and using AI. You'll also do activities like talking with Annie, watching TEDx talks. This will help you learn how to use a laptop and have fun at the same time! You will learn about communication, teamwork, honesty, modesty, languages, networking, friendship, problem-solving, how to learn, and technology. These skills will help you achieve your life's mission and make a positive impact on the world. Start each day with excitement and an open mind. This workbook will be your guide on this journey of learning and self-improvement. Let's begin this adventure together, one day at a time!

Best wishes,

Rehan Allahwala

Founder's Message

Thank you for your interest in Rehan School, my name is Rehan Allahwala, and I have been an entrepreneur most of my life, I have done over 150 businesses in 7 plus countries and failed in most of them, thus I claim to have a Ph.D. in failure. What I have learned is to keep trying and not be afraid of failure.

Today humanity knows how to create Doctors, Engineers, Swimmers, and Cricketers, but we do not know how to create world-class leaders who bring change like Steve Jobs, Bill Gates, Elon Musk, Edison, and Obama. The most important work in the world, we leave it to CHANCE and we do not have a process to create the next Steve jobs.

We choose not to give a car to someone without training and license, we train people for years to become an accountant, a lawyer, and a doctor, but for a world leader, we leave it to chance, so NO MORE.

I think there must be a way to make this happen, and we should not leave it to Chance or ACCIDENT for it to happen, and I Have set out to find, create, and implement a process so we can create a system that can help us MAKE the next Steve Jobs and Bill Gates.

This is what this School is made for, It is an experimental school that will keep trying to make and find ways to create amazing future leaders in the world, who can fix the things that are broken around us that need desperate fixing.

The world has amazing tools today like the Internet, AI, Computers, VR, and Mobiles, and the education system is slow to adopt these changes, We at Rehan School aim to use all these tools, use the First principal method, and re-engineer the education system.

I aim to educate and create 1000 future leaders from my school, under my direct supervision, so that these students and future leaders can go out there, and make a better world for everyone, I am to create a Nobel laureate, Guinness World record holders, and multi-millionaires, who will be trained in doing so.

If you think you want your child to become the next future leader in business and in the world of issues who will impact 10 million + Human beings positively, this is the school for you, but if you want a regular Joe with good numbers this is not the school for your child. I thank you for visiting us and allowing me to tell you my vision of how we can finally take care of the leadership failure in our countries and the world.

Rehan Allahwala
Founder, Rehan School



What, Why, and How

1. Watch TEDx Talk & Record Review Videos

What:

Watch a TEDx Talk (e.g., "The Power of Empathy") and record 2 videos: one in English and one in Urdu summarizing key insights.



Why:

Improves listening, critical thinking, and communication skills in both languages.

How:

Watch a 10-15 minute video, record your videos in both languages, and post on social media.

2. Conduct a Live Interview

What:

Interview someone (family member, friend, or classmate) and ask them about their life, challenges, or goals.



Why:

Enhances communication, builds networking skills, and boosts confidence.

How:

Prepare 10-15 questions, Take 25 min interview via StreamYard or Zoom, and stream it live on social media.

3. Make a Song/Poem

What:

Create a song or poem (e.g., "Land of the Pure") and post it with a visual design.

Why:

Encourages creativity, learning and self-expression.



How:

Use ChatGPT for lyrics, Suno.ai for audio creation, design a Canva post for the lyrics, and share on social media.



What, Why, and How

4. Complete a Coding Task (Using Claude.ai)

What:

Use Claude.ai to generate a basic program (e.g., a calculator or a simple game like Tic-Tac-Toe) based on simple instructions. Share a screenshot and a link to the generated App.



Why:

Helps develop logical thinking, coding skills, and creativity. It also makes coding more accessible and motivates students by instantly turning ideas into projects.

How:

Provide Claude.ai with instructions (e.g., "Create a Tic-Tac-Toe game") and let it generate the code. Then, share the link to the generated game and a screenshot of your project on social media for feedback.

5. Perform Micro-Habits

What:

Perform 3 daily micro-habits: hug mom/dad, perform Nafl, and say Salam.

Why:

Builds gratitude, mindfulness, and better personal connections.



How:

Complete these actions during the day and tick them off on your habit tracker.

6. Create 3 Canva Posts

What:

Design and share 3 posts (e.g., quotes, culture, lessons).



Why:

Enhances design skills, boosts creativity, and builds an online presence.

How:

Use Canva templates to create visually appealing posts and upload them to social media.



What, Why, and How

7. Talk with CallAnnie/Vapi

What:

Have a 25-minute conversation with CallAnnie or Vapi on a given topic, get feedback, and score yourself out of 10.

Why:

Improves speaking, critical thinking, and conversational confidence.



How:

Choose a topic, speak for 25 minutes, ask for feedback and score, and post the session live on social media.

8. Share & Comment on Rehan Allahwala's Social Media



What:

Share one of Rehan Allahwala's LinkedIn or Facebook posts and leave a meaningful comment.

Why:

Connects you to inspiring content and builds visibility in his community.

How:

Visit his profiles, select a post you find valuable, share it, and write a thoughtful comment.

WEEK ONE

DAILY TASKS

DAY:01

	<p>TEDx Talk Watch "The Danger of a Single Story" by Chimamanda Ngozi Adichie". Record a review video (in English & Urdu). Post both videos on social media.</p>	
	<p>Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p>Song/Poem Make a song/poem about Origin Earth and post on social media.</p>	
	<p>Coding Task Complete a small coding challenge Create a Basic Calculator that performs basic arithmetic operations like addition, subtraction, multiplication, and division. Post a screenshot with a short explanation.</p>	
	<p>Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p>Canva Posts (3) The only way to achieve the impossible is to believe it is possible." – Charles Kingsleigh</p>	
	<p>Success is not final, failure is not fatal: It is the courage to continue that counts." – Winston Churchill</p>	
	<p>Don't watch the clock; do what it does. Keep going." – Sam Levenson</p>	
	<p>Talk with CallAnnie/Vapi for 25 minutes on Discuss how AI is integrated into everyday activities, ask for feedback and take a score out of 10, and post the session live on social media.</p>	
	<p>Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK ONE

DAILY TASKS

DAY:02

	<p style="text-align: center;">TEDx Talk</p> <p style="text-align: center;">Watch Your Body Language May Shape Who You Are" by Amy Cuddy Record a review video (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview</p> <p style="text-align: center;">Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem</p> <p style="text-align: center;">Make a song/poem about Hello, World and post on social media.</p>	
	<p style="text-align: center;">Coding Task</p> <p style="text-align: center;">Complete a small coding challenge Create aTic-Tac-Toe Game**: Develop a two-player tic-tac-toe game that can be played in the console. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits</p> <p style="text-align: center;">Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3)</p> <p style="text-align: center;">Keep your face always toward the sunshine—and shadows will fall behind you." – Walt Whitman</p>	
	<p style="text-align: center;">The future belongs to those who believe in the beauty of their dreams." – Eleanor Roosevelt</p>	
	<p style="text-align: center;">It does not matter how slowly you go as long as you do not stop." – Confucius</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes Explore upcoming technological advancements and their potential impact, and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK ONE

DAILY TASKS

DAY:03

	<p>TEDx Talk</p> <p>Watch: "The Power of Vulnerability" by Brené Brown Record a review video (in English & Urdu). Post both videos on social media.</p>	
	<p>Interview</p> <p>Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p>Song/Poem</p> <p>Make a song/poem about Thank You, Nature and post on social media.</p>	
	<p>Coding Task</p> <p>Complete a small coding challenge Build a simple to-do list where users can add, remove, and view tasks. Post a screenshot with a short explanation.</p>	
	<p>Micro-Habits</p> <p>Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p>Canva Posts (3)</p> <p>Everything you've ever wanted is on the other side of fear." – George Addair</p>	
	<p>Believe you can and you're halfway there." – Theodore Roosevelt</p>	
	<p>The only limit to our realization of tomorrow is our doubts of today." – Franklin D. Roosevelt</p>	
	<p>Talk with CallAnnie/Vapi for 25 minutes Climate Change and Sustainability: Talk about environmental, and post the session live on social media.</p>	
	<p>Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK ONE

DAILY TASKS

DAY:04

	<p>TEDx Talk</p> <p>Watch: "How Great Leaders Inspire Action" by Simon Sinek Record a review video (in English & Urdu). Post both videos on social media.</p>	
	<p>Interview</p> <p>Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p>Song/Poem</p> <p>Make a song/poem about Rise of Technology and post on social media.</p>	
	<p>Coding Task</p> <p>Complete a small coding challenge Write a program where the computer randomly selects a number, and the user has to guess it with hints provided. Post a screenshot with a short explanation.</p>	
	<p>Micro-Habits</p> <p>Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p>Canva Posts (3)</p> <p>"Inside the Mind of a Master Procrastinator" by Tim Urban</p>	
	<p>What Makes a Good Life? Lessons from the Longest Study on Happiness" by Robert Waldinger</p>	
	<p>The Happy Secret to Better Work" by Shawn Achor</p>	
	<p>Talk with CallAnnie/Vapi for 25 minutes Cultural Diversity Around the World: Learn about different cultures and their unique traditions, and post the session live on social media.</p>	
	<p>Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK ONE

DAILY TASKS

DAY:05

	<p>TEDx Talk</p> <p>Watch: "Inside the Mind of a Master Procrastinator" by Tim Urban Record a review video (in English & Urdu). Post both videos on social media.</p>	
	<p>Interview</p> <p>Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p>Song/Poem</p> <p>Make a song/poem about The Power of Connection and post on social media.</p>	
	<p>Coding Task</p> <p>Complete a small coding challenge Create a timer that counts down from a specified number of seconds and alerts the user when time is up. Post a screenshot with a short explanation.</p>	
	<p>Micro-Habits</p> <p>Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p>Canva Posts (3)</p> <p>"Inside the Mind of a Master Procrastinator" by Tim Urban</p>	
	<p>"What Makes a Good Life? Lessons from the Longest Study on Happiness" by Robert Waldinger</p>	
	<p>"The Happy Secret to Better Work" by Shawn Achor</p>	
	<p>Talk with CallAnnie/Vapi for 25 minutes Understand mental well-being and ways to maintain it., and post the session live on social media.</p>	
	<p>Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK ONE

DAILY TASKS

DAY:06

	<p style="text-align: center;">TEDx Talk</p> <p style="text-align: center;">Watch: What Makes a Good Life? Lessons from the Longest Study on Happiness" by Robert Waldinger Record a review video (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview</p> <p style="text-align: center;">Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem</p> <p style="text-align: center;">Make a song/poem about The Language of Nature and post on social media.</p>	
	<p style="text-align: center;">Coding Task</p> <p style="text-align: center;">Complete a small coding challenge Develop an alarm clock that allows the user to set a time and notifies them when it's reached Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits</p> <p style="text-align: center;">Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3)</p> <p style="text-align: center;">"Act as if what you do makes a difference. It does." – William James</p>	
	<p style="text-align: center;">"Success usually comes to those who are too busy to be looking for it." – Henry David Thoreau</p>	
	<p style="text-align: center;">"Don't be afraid to give up the good to go for the great." – John D. Rockefeller</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes Review significant achievements in space exploration, and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	





Rehan School Week One Report Card

Student Name: _____

Campus: _____

Student Roll Number: _____

Joining Date: _____

Tasks	Possible Frequency	Frequency Completed	Remaining Frequency	Post on FB	Post on YouTube	Post on LinkedIn	Post on Instagram
TEDx Talk Reviews	12						
Interviews	6						
Songs/Poems	6						
Coding Tasks	6						
Micro-Habits	18						
Canva Posts	18						
Talk with CallAnnie/Vapi	6						
Share & Comment on Rehan Allahwala Posts	6						
Total	78						



Parents Singnature

Facilitator Signature

WEEK TWO

DAILY TASKS

DAY:08


	<p>TEDx Talk</p> <p>Watch: "The Happy Secret to Better Work" by Shawn Achor Record a review video (in English & Urdu). Post both videos on social media.</p>	
	<p>Interview</p> <p>Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p>Song/Poem</p> <p>Make a song/poem about The Science of Sleep and post on social media.</p>	
	<p>Coding Task</p> <p>Complete a small coding challenge Build a tool that converts amounts between different currencies using current exchange rates. Post a screenshot with a short explanation.</p>	
	<p>Micro-Habits</p> <p>Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p>Canva Posts (3)</p> <p>"The way to get started is to quit talking and begin doing." – Walt Disney</p>	
	<p>"The successful warrior is the average man, with laser-like focus." – Bruce Lee</p>	
	<p>"You miss 100% of the shots you don't take." – Wayne Gretzky</p>	
	<p>Talk with CallAnnie/Vapi for 25 minutes Trace the development of various music styles over time, and post the session live on social media.</p>	
	<p>Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK TWO

DAILY TASKS

DAY:09

	<p style="text-align: center;">TEDx Talk</p> <p style="text-align: center;">Watch:"The Puzzle of Motivation" by Dan Pink Record a review video (in English & Urdu).</p> <p style="text-align: center;">Post both videos on social media.</p>	
	<p style="text-align: center;">Interview</p> <p style="text-align: center;">Conduct a 25 min interview with a classmate/facilitator/family member.</p> <p style="text-align: center;">Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem</p> <p style="text-align: center;">Make a song/poem about Life in a Grain of Sand and post on social media.</p>	
	<p style="text-align: center;">Coding Task</p> <p style="text-align: center;">Complete a small coding challenge Develop a program that converts units of measurement, such as length, temperature, and weight.</p> <p style="text-align: center;">Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits</p> <p style="text-align: center;">Hug mom/dad, perform Nafl, say Salam to a new person.</p> <p style="text-align: center;">Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3)</p> <p style="text-align: center;">. "Don't let yesterday take up too much of today." – Will Rogers</p>	
	<p style="text-align: center;">"If you are not willing to risk the usual, you will have to settle for the ordinary." – Jim Rohn</p>	
	<p style="text-align: center;">"The only place where success comes before work is in the dictionary." – Vidal Sassoon</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes Discuss how education shapes communities and individuals, and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK TWO

DAILY TASKS

DAY:10











	<p style="text-align: center;">TEDx Talk Watch: "Why We Do What We Do" by Tony Robbins (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about A Moment in Time and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Make a function that checks if a given word or phrase is a palindrome. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "I attribute my success to this: I never gave or took any excuse." – Florence Nightingale</p>	
	<p style="text-align: center;">"The road to success and the road to failure are almost exactly the same." – Colin R. Davis</p>	
	<p style="text-align: center;">"Success is walking from failure to failure with no loss of enthusiasm." – Winston Churchill</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes Explore recent breakthroughs in healthcare and medicine, and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK TWO

DAILY TASKS

DAY:11

	<p style="text-align: center;">TEDx Talk Watch: "The Power of Introverts" by Susan Cain (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about The Story of Us and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Create an application to store and manage contact information. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "The harder the conflict, the greater the triumph." – George Washingt</p>	
	<p style="text-align: center;">"What you get by achieving your goals is not as important as what you become by achieving your goals." – Zig Ziglar</p>	
	<p style="text-align: center;">"You are never too old to set another goal or to dream a new dream." – C.S. Lewis</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes Delve into events that have significantly impacted history, and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK TWO

DAILY TASKS

DAY:12


	<p style="text-align: center;">TEDx Talk Watch: "How to Make Stress Your Friend" by Kelly McGonigal (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about The Universe Within and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Enhance the basic calculator by adding a graphical user interface. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "To see what is right and not do it is a lack of courage." – Confucius</p>	
	<p style="text-align: center;">"Reading is to the mind what exercise is to the body." – Joseph Addison</p>	
	<p style="text-align: center;">"The only journey is the one within." – Rainer Maria Rilke</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes Delve into events that have significantly impacted history. , and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK TWO

DAILY TASKS

DAY:13

	<p style="text-align: center;">TEDx Talk</p> <p style="text-align: center;">Watch: "The Happy Secret to Better Work" by Shawn Achor Record a review video (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview</p> <p style="text-align: center;">Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem</p> <p style="text-align: center;">Make a song/poem about The Language of Nature and post on social media.</p>	
	<p style="text-align: center;">Coding Task</p> <p style="text-align: center;">Complete a small coding challenge Create a quiz program that asks multiple-choice questions and provides feedback on answers. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits</p> <p style="text-align: center;">Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3)</p> <p style="text-align: center;">"I find that the harder I work, the more luck I seem to have." – Thomas Jefferson</p>	
	<p style="text-align: center;">"Success is not in what you have, but who you are." – Bo Bennett</p>	
	<p style="text-align: center;">"Grit: The Power of Passion and Perseverance" by Angela Lee Duckworth</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes Analyze current economic patterns and their global effects., and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	





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Tasks	Possible Frequency	Frequency Completed	Remaining Frequency	Post on FB	Post on YouTube	Post on LinkedIn	Post on Instagram
TEDx Talk Reviews	12						
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Coding Tasks	6						
Micro-Habits	18						
Canva Posts	18						
Talk with CallAnnie/Vapi	6						
Share & Comment on Rehan Allahwala Posts	6						
Total	78						

Parents Singnature

Facilitator Signature

WEEK THREE

DAILY TASKS

DAY:15

	<p>TEDx Talk Watch: "How to Spot a Liar" by Pamela Meyer (in English & Urdu). Post both videos on social media.</p>	
	<p>Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p>Song/Poem Make a song/poem about The Sound of Silence and post on social media.</p>	
	<p>Coding Task Complete a small coding challenge Write a program that generates random, secure passwords based on user-defined criteria. Post a screenshot with a short explanation.</p>	
	<p>Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p>Canva Posts (3) "Your time is limited, don't waste it living someone else's life." – Steve Jobs</p>	
	<p>"The only impossible journey is the one you never begin." – Tony Robbins</p>	
	<p>"The journey of a thousand miles begins with one step." – Lao Tzu</p>	
	<p>Talk with CallAnnie/Vapi for 25 minutes : Compare various political structures and their effectiveness, and post the session live on social media.</p>	
	<p>Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK THREE

DAILY TASKS

DAY:16










	<p style="text-align: center;">TEDx Talk Watch: "Your Elusive Creative Genius" by Elizabeth Gilbert (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about Beyond the Stars and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Develop a tool that calculates Body Mass Index based on user input of height and weight. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "What lies behind us and what lies before us are tiny matters compared to what lies within us." – Ralph Waldo Emerson</p>	
	<p style="text-align: center;">"The best way out is always through." – Robert Frost</p>	
	<p style="text-align: center;">"Do not wait to strike till the iron is hot; but make it hot by striking." – William Butler Yeats</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : Understand the role of nutrition in maintaining health, and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK THREE

DAILY TASKS

DAY:17

	<p style="text-align: center;">TEDx Talk Watch: "The Surprising Science of Happiness" by Dan Gilbert(in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about The Human Mind and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Create an application to help users study by displaying questions and checking answers. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "Whether you think you can or you think you can't, you're right." – Henry Ford</p>	
	<p style="text-align: center;">"The only person you are destined to become is the person you decide to be." – Ralph Waldo Emerson</p>	
	<p style="text-align: center;">"Go confidently in the direction of your dreams. Live the life you have imagined." – Henry David Thoreau</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : Explore advancements like electric vehicles and hyperloops, and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK THREE

DAILY TASKS

DAY:18

	<p style="text-align: center;">TEDx Talk</p> <p style="text-align: center;">Watch: "The Power of Believing That You Can Improve" by Carol Dweck (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview</p> <p style="text-align: center;">Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem</p> <p style="text-align: center;">Make a song/poem about Living with Purpose and post on social media.</p>	
	<p style="text-align: center;">Coding Task</p> <p style="text-align: center;">Complete a small coding challenge Build a program to record and categorize personal expenses. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits</p> <p style="text-align: center;">Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3)</p> <p style="text-align: center;">"The only way to achieve the impossible is to believe it is possible." – Charles Kingsleigh</p>	
	<p style="text-align: center;">"Success is not final, failure is not fatal: It is the courage to continue that counts." – Winston Churchill</p>	
	<p style="text-align: center;">"Don't watch the clock; do what it does. Keep going." – Sam Levenson</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes :Discuss what drives individuals to achieve their goals, and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK THREE

DAILY TASKS

DAY:19

	<p style="text-align: center;">TEDx Talk Watch: "The Art of Misdirection" by Apollo Robbins (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about The Art of Silence and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Develop a game where the user plays rock, paper, scissors against the computer. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "The best way to predict the future is to create it." – Peter Drucker</p>	
	<p style="text-align: center;">"The purpose of life is a life of purpose." – Robert Byrne</p>	
	<p style="text-align: center;">"The best revenge is massive success." – Frank Sinatra</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes Discuss different philosophical perspectives on achieving happiness , and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK THREE

DAILY TASKS

DAY:20

	<p>TEDx Talk Watch: "The Next Outbreak? We're Not Ready" by Bill Gates (in English & Urdu). Post both videos on social media.</p>	
	<p>Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p>Song/Poem Make a song/poem about From Dust to Life and post on social media.</p>	
	<p>Coding Task Complete a small coding challenge Create a basic text editor with functionalities to open, edit, and save text files. Post a screenshot with a short explanation.</p>	
	<p>Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p>Canva Posts (3) "Life is what happens when you're busy making other plans." – John Lennon</p>	
	<p>"The mind is everything. What you think you become." – Buddha</p>	
	<p>"An unexamined life is not worth living." – Socrates</p>	
	<p>Talk with CallAnnie/Vapi for 25 minutes : Learn about mindfulness practices and their benefits, and post the session live on social media.</p>	
	<p>Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	





Rehan School Week Three Report Card

Student Name: _____

Campus: _____

Student Roll Number: _____

Joining Date: _____

Tasks	Possible Frequency	Frequency Completed	Remaining Frequency	Post on FB	Post on YouTube	Post on LinkedIn	Post on Instagram
TEDx Talk Reviews	12						
Interviews	6						
Songs/Poems	6						
Coding Tasks	6						
Micro-Habits	18						
Canva Posts	18						
Talk with CallAnnie/Vapi	6						
Share & Comment on Rehan Allahwala Posts	6						
Total	78						










Parents Singnature

Facilitator Signature

WEEK FOUR

DAILY TASKS

DAY:22









	<p>TEDx Talk</p> <p>Watch: "The Best Stats You've Ever Seen" by Hans Rosli (in English & Urdu). Post both videos on social media.</p>	
	<p>Interview</p> <p>Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p>Song/Poem</p> <p>Make a song/poem about In the Blink of an Eye and post on social media.</p>	
	<p>Coding Task</p> <p>Complete a small coding challenge Build a program that displays the current time and updates every second. Post a screenshot with a short explanation.</p>	
	<p>Micro-Habits</p> <p>Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p>Canva Posts (3)</p> <p>"Everything you've ever wanted is on the other side of fear." – George Addair</p>	
	<p>"Believe you can and you're halfway there." – Theodore Roosevelt</p>	
	<p>The only limit to our realization of tomorrow is our doubts of today." – Franklin D. Roosevelt</p>	
	<p>Talk with CallAnnie/Vapi for 25 minutes : Discuss how sports can unite people and foster teamwork, and post the session live on social media.</p>	
	<p>Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK FOUR

DAILY TASKS

DAY:23











	<p>TEDx Talk</p> <p>Watch: "How I Held My Breath for 17 Minutes" by David Blaine(in English & Urdu). Post both videos on social media.</p>	
	<p>Interview</p> <p>Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p>Song/Poem</p> <p>Make a song/poem about Time and Its Secrets and post on social media.</p>	
	<p>Coding Task</p> <p>Complete a small coding challenge Develop an application that reminds users of tasks at specified times. Post a screenshot with a short explanation.</p>	
	<p>Micro-Habits</p> <p>Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p>Canva Posts (3)</p> <p>"Act as if what you do makes a difference. It does." – William James</p>	
	<p>"Success usually comes to those who are too busy to be looking for it." – Henry David Thoreau</p>	
	<p>"Don't be afraid to give up the good to go for the great." – John D. Rockefeller</p>	
	<p>Talk with CallAnnie/Vapi for 25 minutes : Explore how automation and AI are changing employment landscapes, and post the session live on social media.</p>	
	<p>Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK FOUR

DAILY TASKS

DAY:24

	<p style="text-align: center;">TEDx Talk</p> <p style="text-align: center;">Watch: "The Orchestra in My Mouth" by Tom Thum (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview</p> <p style="text-align: center;">Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem</p> <p style="text-align: center;">Make a song/poem about The Water Cycle and post on social media.</p>	
	<p style="text-align: center;">Coding Task</p> <p style="text-align: center;">Complete a small coding challenge Write a function that determines if a given number is prime. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits</p> <p style="text-align: center;">Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3)</p> <p style="text-align: center;">"I find that the harder I work, the more luck I seem to have." – Thomas Jefferson</p>	
	<p style="text-align: center;">"Success is not in what you have, but who you are." – Bo Bennett</p>	
	<p style="text-align: center;">"The way to get started is to quit talking and begin doing." – Walt Disney</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : Understand the measures needed to protect digital information, and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK FOUR

DAILY TASKS

DAY:25





	<p>TEDx Talk</p> <p>Watch: "How to Live Passionately—No Matter Your Age" by Isab (in English & Urdu).</p> <p>Post both videos on social media.</p>	
	<p>Interview</p> <p>Conduct a 25 min interview with a classmate/facilitator/family member.</p> <p>Post the recorded video.</p>	
	<p>Song/Poem</p> <p>Make a song/poem about The Colors of Life and post on social media.</p>	
	<p>Coding Task</p> <p>Complete a small coding challenge Learn about different types of renewable energy and their importance. Post a screenshot with a short explanation.</p>	
	<p>Micro-Habits</p> <p>Hug mom/dad, perform Nafl, say Salam to a new person.</p> <p>Mark on the tracker</p>	
	<p>Canva Posts (3)</p> <p>"Keep your face always toward the sunshine—and shadows will fall behind you." – Walt Whitman</p>	
	<p>"Success is not final, failure is not fatal: It is the courage to continue that counts." – Winston Churchill</p>	
	<p>"The future belongs to those who believe in the beauty of their dreams." – Eleanor Roosevelt</p>	
	<p>Talk with CallAnnie/Vapi for 25 minutes :Examine how literature reflects and affects societal values, and post the session live on social media.</p>	
	<p>Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK FOUR

DAILY TASKS

DAY:26








	<p style="text-align: center;">TEDx Talk Watch: "The Power of Time Off" by Stefan Sagmeister(in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about A Journey Through Space and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge. Develop a basic chat interface for two users to communicate over a network. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "It does not matter how slowly you go as long as you do not stop." – Confucius</p>	
	<p style="text-align: center;">"Success is not final, failure is not fatal: It is the courage to continue that counts." – Winston Churchill</p>	
	<p style="text-align: center;">"Don't watch the clock; do what it does. Keep going." – Sam Levenson</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : Learn about different types of renewable energy and their importance, and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK FOUR

DAILY TASKS

DAY:27

	<p style="text-align: center;">TEDx Talk Watch: "The Mathematics of Love" by Hannah Fry (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about The Language of Music and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Create a word-guessing game where the user tries to guess a word letter by letter. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "Keep your face always toward the sunshine—and shadows will fall behind you." – Walt Whitman</p>	
	<p style="text-align: center;">"The future belongs to those who believe in the beauty of their dreams." – Eleanor Roosevelt</p>	
	<p style="text-align: center;">"It does not matter how slowly you go as long as you do not stop." – Confucius</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : Examine how literature reflects and affects societal values, and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	





Rehan School Week Four Report Card

Student Name: _____ Campus: _____

Student Roll Number: _____ Joining Date: _____

Tasks	Possible Frequency	Frequency Completed	Remaining Frequency	Post on FB	Post on YouTube	Post on LinkedIn	Post on Instagram
TEDx Talk Reviews	12						
Interviews	6						
Songs/Poems	6						
Coding Tasks	6						
Micro-Habits	18						
Canva Posts	18						
Talk with CallAnnie/Vapi	6						
Share & Comment on Rehan Allahwala Posts	6						
Total	78						



Parents Singnature

Facilitator Signature



Rehan School Third Month Report Card

Student Name: _____

Campus: _____

Student Roll Number: _____

Joining Date: _____

Tasks	Possible Frequency	Frequency Completed	Remaining Frequency	Post on FB	Post on YouTube	Post on LinkedIn	Post on Instagram
TEDx Talk Reviews	48						
Interviews	24						
Songs/Poems	24						
Coding Tasks	24						
Micro-Habits	72						
Canva Posts	72						
Talk with CallAnnie/Vapi	24						
Share & Comment on Rehan Allahwala Posts	24						
Total	312						



Parents Singnature

Facilitator Signature

WEEK FIVE

DAILY TASKS

DAY:01

	<p style="text-align: center;">TEDx Talk</p> <p style="text-align: center;">Watch: "How to Speak So That People Want to Listen" by Julian Treasure (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview</p> <p style="text-align: center;">Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem</p> <p style="text-align: center;">Make a song/poem about The Road Less Traveled and post on social media.</p>	
	<p style="text-align: center;">Coding Task</p> <p style="text-align: center;">Complete a small coding challenge Create a basic drawing program where users can draw shapes or doodles. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits</p> <p style="text-align: center;">Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3)</p> <p style="text-align: center;">"The successful warrior is the average man, with laser-like focus." – Bruce Lee</p>	
	<p style="text-align: center;">"You miss 100% of the shots you don't take." – Wayne Gretzky</p>	
	<p style="text-align: center;">"Opportunities don't happen; you create them." – Chris Grosser</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : Trace the history and transformation of the film industry, and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK FIVE

DAILY TASKS

DAY:02

	<p style="text-align: center;">TEDx Talk Watch: "The Power of Vulnerability" by Brené Brown (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about The Beauty of Chaos and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Develop a tool that converts temperatures between Celsius, Fahrenheit, and Kelvin. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "Don't let yesterday take up too much of today." – Will Rogers</p>	
	<p style="text-align: center;">"If you are not willing to risk the usual, you will have to settle for the ordinary." – Jim Rohn</p>	
	<p style="text-align: center;">"The only place where success comes before work is in the dictionary." – Vidal Sassoon</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : Discuss the evidence and causes of global climate shifts, and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK FIVE

DAILY TASKS

DAY:03

	<p style="text-align: center;">TEDx Talk Watch: "Do Schools Kill Creativity?" by Sir Ken Robinson (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about The Power of Dreams and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Simple File Organize. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "I attribute my success to this: I never gave or took any excuse." – Florence Nightingale</p>	
	<p style="text-align: center;">"The road to success and the road to failure are almost exactly the same." – Colin R. Davis</p>	
	<p style="text-align: center;">"Success is walking from failure to failure with no loss of enthusiasm." – Winston Churchill</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : Analyze how tourism affects economic development, and post the session live on social media., and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK FIVE

DAILY TASKS

DAY:04











	<p>TEDx Talk Watch: "How to Build Your Confidence—And Spark It in Others" by Brittany Packnett (in English & Urdu). Post both videos on social media.</p>	
	<p>Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p>Song/Poem Make a song/poem about Nature's Wonders and post on social media.</p>	
	<p>Coding Task Complete a small coding challenge Random Joke Generator. Post a screenshot with a short explanation.</p>	
	<p>Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p>Canva Posts (3) "The only limit to our realization of tomorrow is our doubts of today." – Franklin D. Roosevelt</p>	
	<p>"The only way to do great work is to love what you do." – Steve Jobs</p>	
	<p>"I failed my way to success." – Thomas Edison</p>	
	<p>Talk with CallAnnie/Vapi for 25 minutes : The Role of Art in Human Expression, and post the session live on social media.</p>	
	<p>Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK FIVE

DAILY TASKS

DAY:05










	<p>TEDx Talk</p> <p>Watch: "The Gift and Power of Emotional Courage" by Susan David (in English & Urdu).</p> <p>Post both videos on social media.</p>	
	<p>Interview</p> <p>Conduct a 25 min interview with a classmate/facilitator/family member.</p> <p>Post the recorded video.</p>	
	<p>Song/Poem</p> <p>Make a song/poem about The Universe's Secrets and post on social media.</p>	
	<p>Coding Task</p> <p>Complete a small coding challenge Simple Polling App that allows users to vote on a topic and displays the results. Post a screenshot with a short explanation.</p>	
	<p>Micro-Habits</p> <p>Hug mom/dad, perform Nafl, say Salam to a new person.</p> <p>Mark on the tracker</p>	
	<p>Canva Posts (3)</p> <p>"If you can dream it, you can achieve it." – Zig Ziglar</p>	
	<p>"The harder the conflict, the greater the triumph." – George Washington</p>	
	<p>"What you get by achieving your goals is not as important as what you become by achieving your goals." – Zig Ziglar</p>	
	<p>Talk with CallAnnie/Vapi for 25 minutes : The Ethics of Artificial Intelligence, and post the session live on social media.</p>	
	<p>Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK FIVE

DAILY TASKS

DAY:06

	<p>TEDx Talk</p> <p>Watch: "What Makes a Good Life? Lessons from the Longest Study on Happiness" by Robert Waldinger (in English & Urdu). Post both videos on social media.</p>	
	<p>Interview</p> <p>Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p>Song/Poem</p> <p>Make a song/poem about Under the Surface and post on social media.</p>	
	<p>Coding Task</p> <p>Complete a small coding challenge Simple Polling App that allows users to vote on a topic and displays the results. Post a screenshot with a short explanation.</p>	
	<p>Micro-Habits</p> <p>Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p>Canva Posts (3)</p> <p>"You are never too old to set another goal or to dream a new dream." – C.S. Lewis</p>	
	<p>"To see what is right and not do it is a lack of courage." – Confucius</p>	
	<p>"Reading is to the mind what exercise is to the body." – Joseph Addison</p>	
	<p>Talk with CallAnnie/Vapi for 25 minutes :The Importance of Biodiversity, and post the session live on social media.</p>	
	<p>Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	





Rehan School Week Five Report Card

Student Name: _____

Campus: _____

Student Roll Number: _____

Joining Date: _____

Tasks	Possible Frequency	Frequency Completed	Remaining Frequency	Post on FB	Post on YouTube	Post on LinkedIn	Post on Instagram
TEDx Talk Reviews	12						
Interviews	6						
Songs/Poems	6						
Coding Tasks	6						
Micro-Habits	18						
Canva Posts	18						
Talk with CallAnnie/Vapi	6						
Share & Comment on Rehan Allahwala Posts	6						
Total	78						



Parents Singnature

Facilitator Signature

WEEK SIX

DAILY TASKS

DAY:08

	<p>TEDx Talk Watch: "How to Make Work-Life Balance Work" by Nigel Marsh(in English & Urdu). Post both videos on social media.</p>	
	<p>Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p>Song/Poem Make a song/poem about The World at Night and post on social media.</p>	
	<p>Coding Task Complete a small coding challenge Age Calculator that calculates a person's age based on their birthdate. Post a screenshot with a short explanation.</p>	
	<p>Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p>Canva Posts (3) "The only journey is the one within." – Rainer Maria Rilke</p>	
	<p>"The best way to predict the future is to create it." – Peter Drucker</p>	
	<p>"The purpose of life is a life of purpose." – Robert Byrne</p>	
	<p>Talk with CallAnnie/Vapi for 25 minutes : The History of Human Rights Movements, and post the session live on social media.</p>	
	<p>Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK SIX

DAILY TASKS

DAY:09

	<p>TEDx Talk Watch: "The Power of Introverts" by Susan Cain (in English & Urdu). Post both videos on social media.</p>	
	<p>Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p>Song/Poem Make a song/poem about Life in the Ocean and post on social media.</p>	
	<p>Coding Task Complete a small coding challenge Create a stopwatch with start, stop, and reset functionalities. Post a screenshot with a short explanation.</p>	
	<p>Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p>Canva Posts (3) "The best revenge is massive success." – Frank Sinatra</p>	
	<p>"Life is what happens when you're busy making other plans." – John Lennon</p>	
	<p>"The mind is everything. What you think you become." – Buddha</p>	
	<p>Talk with CallAnnie/Vapi for 25 minutes : The Science of Sleep, and post the session live on social media.</p>	
	<p>Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK SIX

DAILY TASKS

DAY:10





	<p>TEDx Talk Watch: "The Surprising Science of Happiness" by Dan Gilbert (in English & Urdu). Post both videos on social media.</p>	
	<p>Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p>Song/Poem Make a song/poem about Life in the Ocean and post on social media.</p>	
	<p>Coding Task Complete a small coding challenge Create Random Quote Generator. Post a screenshot with a short explanation.</p>	
	<p>Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p>Canva Posts (3) "An unexamined life is not worth living." – Socrates</p>	
	<p>"Your time is limited, don't waste it living someone else's life." – Steve Jobs</p>	
	<p>"The only impossible journey is the one you never begin." – Tony Robbins</p>	
	<p>Talk with CallAnnie/Vapi for 25 minutes : The Role of Women in Leadership, and post the session live on social media.</p>	
	<p>Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK SIX

DAILY TASKS

DAY:11

	<p style="text-align: center;">TEDx Talk Watch: "The Puzzle of Motivation" by Dan Pink (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about The Art of Creation and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Build a basic calendar that displays the current month and allows navigation. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "The journey of a thousand miles begins with one step." – Lao Tzu</p>	
	<p style="text-align: center;">"What lies behind us and what lies before us are tiny matters compared to what lies within us." – Ralph Waldo Emerson</p>	
	<p style="text-align: center;">"The best way out is always through." – Robert Frost</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : The Future of Renewable Energy, and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK SIX

DAILY TASKS

DAY:12











	<p style="text-align: center;">TEDx Talk Watch: "Your Body Language May Shape Who You Are" by Amy Cuddy (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about Tiny Worlds and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Word Counter that counts the number of words in a given text. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "Do not wait to strike till the iron is hot; but make it hot by striking." – William Butler Yeats</p>	
	<p style="text-align: center;">"Whether you think you can or you think you can't, you're right." – Henry Ford</p>	
	<p style="text-align: center;">"The only person you are destined to become is the person you decide to be." – Ralph Waldo Emerson</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : The Impact of Globalization, and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK SIX

DAILY TASKS

DAY:13

	<p style="text-align: center;">TEDx Talk Watch: "The Art of Asking" by Amanda Palmer (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about Under the Surface and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Simple Polling App that allows users to vote on a topic and displays the results. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "You are never too old to set another goal or to dream a new dream." – C.S. Lewis</p>	
	<p style="text-align: center;">"To see what is right and not do it is a lack of courage." – Confucius</p>	
	<p style="text-align: center;">"Reading is to the mind what exercise is to the body." – Joseph Addison</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes :The Importance of Biodiversity, and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	





Rehan School Week Six Report Card

Student Name: _____

Campus: _____

Student Roll Number: _____

Joining Date: _____

Tasks	Possible Frequency	Frequency Completed	Remaining Frequency	Post on FB	Post on YouTube	Post on LinkedIn	Post on Instagram
TEDx Talk Reviews	12						
Interviews	6						
Songs/Poems	6						
Coding Tasks	6						
Micro-Habits	18						
Canva Posts	18						
Talk with CallAnnie/Vapi	6						
Share & Comment on Rehan Allahwala Posts	6						
Total	78						













Parents Singnature

Facilitator Signature

WEEK SEVEN

DAILY TASKS

DAY:15



	<p style="text-align: center;">TEDx Talk Watch: "Do Schools Kill Creativity?" by Sir Ken Robinson (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about The Sound of Nature and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Build a basic music player that can play, pause, and stop audio files. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "It does not matter how slowly you go as long as you do not stop." – Confucius</p>	
	<p style="text-align: center;">"Everything you've ever wanted is on the other side of fear." – George Addair</p>	
	<p style="text-align: center;">"Believe you can and you're halfway there."</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : Discuss the benefits of regular exercise on overall health. and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK SEVEN

DAILY TASKS

DAY:16

	<p style="text-align: center;">TEDx Talk Watch: "How to Build Your Confidence—And Spark It in Others" by Brittany Packnett (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about The Magic of Flight and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Random Password Generator that generates random passwords with specified criteria. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "The only way to achieve the impossible is to believe it is possible." – Charles Kingsleigh</p>	
	<p style="text-align: center;">"Keep your face always toward the sunshine—and shadows will fall behind you." – Walt Whitman</p>	
	<p style="text-align: center;">"The future belongs to those who believe in the beauty of their dreams." – Eleanor Roosevelt</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : The Evolution of Communication Methods. and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK SEVEN

DAILY TASKS

DAY:17

	<p style="text-align: center;">TEDx Talk</p> <p style="text-align: center;">Watch: "The Gift and Power of Emotional Courage" by Susan David (in English & Urdu).</p> <p style="text-align: center;">Post both videos on social media.</p>	
	<p style="text-align: center;">Interview</p> <p style="text-align: center;">Conduct a 25 min interview with a classmate/facilitator/family member.</p> <p style="text-align: center;">Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem</p> <p style="text-align: center;">Make a song/poem about Our Shared Earth and post on social media.</p>	
	<p style="text-align: center;">Coding Task</p> <p style="text-align: center;">Complete a small coding challenge Random Password Generator that generates random passwords with specified criteria. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits</p> <p style="text-align: center;">Hug mom/dad, perform Nafl, say Salam to a new person.</p> <p style="text-align: center;">Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3)</p> <p style="text-align: center;">"It does not matter how slowly you go as long as you do not stop." – Confucius</p>	
	<p style="text-align: center;">"Everything you've ever wanted is on the other side of fear." – George Addair</p>	
	<p style="text-align: center;">"Believe you can and you're halfway there." – Theodore Roosevelt</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : The Science of Genetics and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK SEVEN

DAILY TASKS

DAY:18

	<p style="text-align: center;">TEDx Talk</p> <p style="text-align: center;">Watch: "What Makes a Good Life? Lessons from the Longest Study on Happiness" by Robert Waldinger (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview</p> <p style="text-align: center;">Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem</p> <p style="text-align: center;">Make a song/poem about The Internet: Connecting Us All and post on social media.</p>	
	<p style="text-align: center;">Coding Task</p> <p style="text-align: center;">Complete a small coding challenge Simple Web Scraper that extracts information from a webpage.Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits</p> <p style="text-align: center;">Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3)</p> <p style="text-align: center;">"The only limit to our realization of tomorrow is our doubts of today." – Franklin D. Roosevelt</p>	
	<p style="text-align: center;">"Act as if what you do makes a difference. It does." – William James</p>	
	<p style="text-align: center;">"Success usually comes to those who are too busy to be looking for it." – Henry David Thoreau</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : Analyze how AI is reshaping job markets. and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK SEVEN

DAILY TASKS

DAY:19


	<p style="text-align: center;">TEDx Talk Watch: "How Great Leaders Inspire Action" by Simon Sinek (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about A Breath of Fresh Air and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Create a basic maze game where the user navigates from start to finish. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "Go confidently in the direction of your dreams. Live the life you have imagined." – Henry David Thoreau</p>	
	<p style="text-align: center;">"The only way to achieve the impossible is to believe it is possible." – Charles Kingsleigh</p>	
	<p style="text-align: center;">"Success is not final, failure is not fatal: It is the courage to continue that counts." – Winston Churchill</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes :The Psychology of Consumer Behavior, and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK SEVEN

DAILY TASKS

DAY:20

	<p style="text-align: center;">TEDx Talk Watch:"The Power of Vulnerability" by Brené Brown (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about The Human Heart and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Tip Calculator that calculates the tip amount based on the bill total and desired tip percentage. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "Don't watch the clock; do what it does. Keep going." – Sam Levenson</p>	
	<p style="text-align: center;">"Keep your face always toward the sunshine—and shadows will fall behind you." – Walt Whitman</p>	
	<p style="text-align: center;">"The future belongs to those who believe in the beauty of their dreams." – Eleanor Roosevelt</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : The Role of Technology in Education and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	





Rehan School Week Seven Report Card

Student Name: _____

Campus: _____

Student Roll Number: _____

Joining Date: _____

Tasks	Possible Frequency	Frequency Completed	Remaining Frequency	Post on FB	Post on YouTube	Post on LinkedIn	Post on Instagram
TEDx Talk Reviews	12						
Interviews	6						
Songs/Poems	6						
Coding Tasks	6						
Micro-Habits	18						
Canva Posts	18						
Talk with CallAnnie/Vapi	6						
Share & Comment on Rehan Allahwala Posts	6						
Total	78						


Parents Singnature

Facilitator Signature

WEEK EIGHT

DAILY TASKS

DAY:22


	<p style="text-align: center;">TEDx Talk Watch: "The Surprising Science of Happiness" by Dan Gilbert. (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about Light and Shadow and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Simple Expense Splitter that splits expenses among a group of people. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "I attribute my success to this: I never gave or took any excuse." – Florence Nightingale</p>	
	<p style="text-align: center;">"The road to success and the road to failure are almost exactly the same." – Colin R. Davis</p>	
	<p style="text-align: center;">"Success is walking from failure to failure with no loss of enthusiasm." – Winston Churchill</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : The Science of Human Emotions. and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK EIGHT

DAILY TASKS

DAY:23

	<p style="text-align: center;">TEDx Talk Watch: "The Puzzle of Motivation" by Dan Pink. (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about The Journey of Water and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Simple Habit Tracker that track daily habits and goals. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "The only limit to our realization of tomorrow is our doubts of today." – Franklin D. Roosevelt</p>	
	<p style="text-align: center;">"The only way to do great work is to love what you do." – Steve Jobs 139. "I failed my way to success." – Thomas Edison</p>	
	<p style="text-align: center;">"If you can dream it, you can achieve it." – Zig Ziglar</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : The Role of Agriculture in Economic Development and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK EIGHT

DAILY TASKS

DAY:24











	<p style="text-align: center;">TEDx Talk Watch: "Your Body Language May Shape Who You Are" by Amy Cuddy. (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about The Essence of Life and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Simple Flashlight App that turns the device's screen white to function as a flashlight. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "The harder the conflict, the greater the triumph." – George Washington</p>	
	<p style="text-align: center;">"What you get by achieving your goals is not as important as what you become by achieving your goals." – Zig Ziglar</p>	
	<p style="text-align: center;">"You are never too old to set another goal or to dream a new dream." – C.S. Lewis</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : The Future of Urbanization and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK EIGHT

DAILY TASKS

DAY:25

	<p>TEDx Talk</p> <p>Watch: . "The Art of Asking" by Amanda Palmer (in English & Urdu). Post both videos on social media.</p>	
	<p>Interview</p> <p>Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p>Song/Poem</p> <p>Make a song/poem about Life in the Wild and post on social media.</p>	
	<p>Coding Task</p> <p>Complete a small coding challenge Enhance the basic calculator to store and recall previous calculations. Post a screenshot with a short explanation.</p>	
	<p>Micro-Habits</p> <p>Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p>Canva Posts (3)</p> <p>"Don't be afraid to give up the good to go for the great." – John D. Rockefeller</p>	
	<p>"I find that the harder I work, the more luck I seem to have." – Thomas Jefferson</p>	
	<p>"Success is not in what you have, but who you are." – Bo Bennett</p>	
	<p>Talk with CallAnnie/Vapi for 25 minutes : Discuss how news and entertainment influence perceptions. and post the session live on social media.</p>	
	<p>Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK EIGHT

DAILY TASKS

DAY:26


	<p style="text-align: center;">TEDx Talk</p> <p style="text-align: center;">Watch: . "How to Make Work-Life Balance Work" by Nigel Marsh (in English & Urdu).</p> <p style="text-align: center;">Post both videos on social media.</p>	
	<p style="text-align: center;">Interview</p> <p style="text-align: center;">Conduct a 25 min interview with a classmate/facilitator/family member.</p> <p style="text-align: center;">Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem</p> <p style="text-align: center;">Make a song/poem about The Science of Happiness and post on social media.</p>	
	<p style="text-align: center;">Coding Task</p> <p style="text-align: center;">Complete a small coding challenge Simple Alarm with Snooze. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits</p> <p style="text-align: center;">Hug mom/dad, perform Nafl, say Salam to a new person.</p> <p style="text-align: center;">Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3)</p> <p style="text-align: center;">"The way to get started is to quit talking and begin doing." – Walt Disney</p>	
	<p style="text-align: center;">"The successful warrior is the average man, with laser-like focus." – Bruce Lee</p>	
	<p style="text-align: center;">"You miss 100% of the shots you don't take." – Wayne Gretzky</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : Understand the basics of managing personal finances. and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK EIGHT

DAILY TASKS

DAY:27

	<p style="text-align: center;">TEDx Talk</p> <p style="text-align: center;">Watch: . "The Power of Introverts" by Susan Cain by Nigel Marsh (in English & Urdu).</p> <p style="text-align: center;">Post both videos on social media.</p>	
	<p style="text-align: center;">Interview</p> <p style="text-align: center;">Conduct a 25 min interview with a classmate/facilitator/family member.</p> <p style="text-align: center;">Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem</p> <p style="text-align: center;">Make a song/poem about Growing Up and post on social media.</p>	
	<p style="text-align: center;">Coding Task</p> <p style="text-align: center;">Complete a small coding challenge Simple Recipe App that stores and displays recipes. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits</p> <p style="text-align: center;">Hug mom/dad, perform Nafl, say Salam to a new person.</p> <p style="text-align: center;">Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3)</p> <p style="text-align: center;">"Opportunities don't happen; you create them." – Chris Grosser</p>	
	<p style="text-align: center;">"Don't let yesterday take up too much of today." – Will Rogers</p>	
	<p style="text-align: center;">"If you are not willing to risk the usual, you will have to settle for the ordinary." – Jim Rohn</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : The History of Space Exploration. and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	





Rehan School Week Eight Report Card

Student Name: _____

Campus: _____

Student Roll Number: _____

Joining Date: _____

Tasks	Possible Frequency	Frequency Completed	Remaining Frequency	Post on FB	Post on YouTube	Post on LinkedIn	Post on Instagram
TEDx Talk Reviews	12						
Interviews	6						
Songs/Poems	6						
Coding Tasks	6						
Micro-Habits	18						
Canva Posts	18						
Talk with CallAnnie/Vapi	6						
Share & Comment on Rehan Allahwala Posts	6						
Total	78						



Parents Singnature

Facilitator Signature



Rehan School Fourth Month Report Card

Student Name: _____

Campus: _____

Student Roll Number: _____

Joining Date: _____

Tasks	Possible Frequency	Frequency Completed	Remaining Frequency	Post on FB	Post on YouTube	Post on LinkedIn	Post on Instagram
TEDx Talk Reviews	48						
Interviews	24						
Songs/Poems	24						
Coding Tasks	24						
Micro-Habits	72						
Canva Posts	72						
Talk with CallAnnie/Vapi	24						
Share & Comment on Rehan Allahwala Posts	24						
Total	312						



Parents Singnature

Facilitator Signature

WEEK NINE

DAILY TASKS

DAY:01

	<p style="text-align: center;">TEDx Talk Watch: "How Great Leaders Inspire Action" by Simon Sinek. (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about The Age of Machines and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Simple Currency Converter with API Enhance the currency converter to fetch real-time exchange rates from an API. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "To see what is right and not do it is a lack of courage." – Confucius</p>	
	<p style="text-align: center;">"Reading is to the mind what exercise is to the body." – Joseph Addison</p>	
	<p style="text-align: center;">"The only journey is the one within." – Rainer Maria Rilke</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : The Importance of Water Conservation and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK NINE

DAILY TASKS

DAY:02









	<p>TEDx Talk</p> <p>Watch: "The Gift and Power of Emotional Courage" by Susan David. (in English & Urdu).</p> <p>Post both videos on social media.</p>	
	<p>Interview</p> <p>Conduct a 25 min interview with a classmate/facilitator/family member.</p> <p>Post the recorded video.</p>	
	<p>Song/Poem</p> <p>Make a song/poem about The Power of Plants and post on social media.</p>	
	<p>Coding Task</p> <p>Complete a small coding challenge Enhance the weather app to fetch real-time data from a weather API. Post a screenshot with a short explanation.</p>	
	<p>Micro-Habits</p> <p>Hug mom/dad, perform Nafl, say Salam to a new person.</p> <p>Mark on the tracker</p>	
	<p>Canva Posts (3)</p> <p>"You miss 100% of the shots you don't take." –Wayne Gretzky</p>	
	<p>"The way to get started is to quit talking and begin doing." —Walt Disney</p>	
	<p>"Success is not in what you have, but who you are." –Bo Bennett</p>	
	<p>Talk with CallAnnie/Vapi for 25 minutes : The Role of Non-Profit Organizations and post the session live on social media.</p>	
	<p>Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK NINE

DAILY TASKS

DAY:03

	<p>TEDx Talk</p> <p>Watch: "What Makes a Good Life? Lessons from the Longest Study on Happiness" by Robert Waldinger. (in English & Urdu). Post both videos on social media.</p>	
	<p>Interview</p> <p>Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p>Song/Poem</p> <p>Make a song/poem about The Power of Thought and post on social media.</p>	
	<p>Coding Task</p> <p>Complete a small coding challenge Simple Expense Tracker that allows users to input and categorize their expenses, providing a summary of spending. Post a screenshot with a short explanation.</p>	
	<p>Micro-Habits</p> <p>Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p>Canva Posts (3)</p> <p>"The best way to predict the future is to create it." —Peter Druckerz</p>	
	<p>You are never too old to set another goal or to dream a new dream." —C.S. Lewis</p>	
	<p>What you get by achieving your goals is not as important as what you become by achieving your goals." —Zig Ziglar</p>	
	<p>Talk with CallAnnie/Vapi for 25 minutes : The Impact of Digital Media on Society and post the session live on social media.</p>	
	<p>Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK NINE

DAILY TASKS

DAY:04

	<p>TEDx Talk</p> <p>Watch: "The Art of Asking" by Amanda Palmer. (in English & Urdu). Post both videos on social media.</p>	
	<p>Interview</p> <p>Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p>Song/Poem</p> <p>Make a song/poem about The Elements of Nature and post on social media.</p>	
	<p>Coding Task</p> <p>Complete a small coding challenge Simple Language Translator that translates text between different languages using an API. Post a screenshot with a short explanation.</p>	
	<p>Micro-Habits</p> <p>Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p>Canva Posts (3)</p> <p>The harder the conflict, the greater the triumph." —George Washington</p>	
	<p>"If you can dream it, you can achieve it." —Zig Ziglar</p>	
	<p>"I failed my way to success." —Thomas Edison</p>	
	<p>Talk with CallAnnie/Vapi for 25 minutes : The Role of Philosophy in Modern Life and post the session live on social media.</p>	
	<p>Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK NINE

DAILY TASKS

DAY:05

	<p style="text-align: center;">TEDx Talk</p> <p style="text-align: center;">Watch: "How to Make Work-Life Balance Work" by Nigel Marsh. (in English & Urdu).</p> <p style="text-align: center;">Post both videos on social media.</p>	
	<p style="text-align: center;">Interview</p> <p style="text-align: center;">Conduct a 25 min interview with a classmate/facilitator/family member.</p> <p style="text-align: center;">Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem</p> <p style="text-align: center;">Make a song/poem about Whispers of the Sky and post on social media.</p>	
	<p style="text-align: center;">Coding Task</p> <p style="text-align: center;">Complete a small coding challenge Enhance the weather app to fetch real-time data from a weather API. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits</p> <p style="text-align: center;">Hug mom/dad, perform Nafl, say Salam to a new person.</p> <p style="text-align: center;">Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3)</p> <p style="text-align: center;">"The only way to do great work is to love what you do." —Steve Jobs</p>	
	<p style="text-align: center;">"The only limit to our realization of tomorrow is our doubts of today." —Franklin D. Roosevelt</p>	
	<p style="text-align: center;">"Success is walking from failure to failure with no loss of enthusiasm." —Winston Churchill</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : "Hello" - Origins of a Simple Greeting and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK NINE

DAILY TASKS

DAY:06

	<p style="text-align: center;">TEDx Talk</p> <p style="text-align: center;">Watch: "The Power of Introverts" by Susan Cain. (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview</p> <p style="text-align: center;">Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem</p> <p style="text-align: center;">Make a song/poem about "Okay" - The Story Behind the World's Favorite Word and post on social media.</p>	
	<p style="text-align: center;">Coding Task</p> <p style="text-align: center;">Complete a small coding challenge Create an app where users can add, remove, and view grocery items. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits</p> <p style="text-align: center;">Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3)</p> <p style="text-align: center;">"The only place where success comes before work is in the dictionary." —Vidal Sassoon</p>	
	<p style="text-align: center;">"If you are not willing to risk the usual, you will have to settle for the ordinary." —Jim Rohn</p>	
	<p style="text-align: center;">"All our dreams can come true, if we have the courage to pursue them." — Walt Disney</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : "Hello" - Origins of a Simple Greeting and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	





Rehan School Week Nine Report Card

Student Name: _____

Campus: _____

Student Roll Number: _____

Joining Date: _____

Tasks	Possible Frequency	Frequency Completed	Remaining Frequency	Post on FB	Post on YouTube	Post on LinkedIn	Post on Instagram
TEDx Talk Reviews	12						
Interviews	6						
Songs/Poems	6						
Coding Tasks	6						
Micro-Habits	18						
Canva Posts	18						
Talk with CallAnnie/Vapi	6						
Share & Comment on Rehan Allahwala Posts	6						
Total	78						



Parents Singnature

Facilitator Signature

WEEK TEN

DAILY TASKS

DAY:08

	<p>TEDx Talk Watch: "The Hidden Influence of Social Networks" by Nicholas Christakis (in English & Urdu). Post both videos on social media.</p>	
	<p>Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p>Song/Poem Make a song/poem about Beneath the Echo and post on social media.</p>	
	<p>Coding Task Complete a small coding challenge Create BMI Tracker. Post a screenshot with a short explanation.</p>	
	<p>Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p>Canva Posts (3) "The secret of getting ahead is getting started." – Mark Twain</p>	
	<p>"The best time to plant a tree was 20 years ago. The second best time is now." — Chinese Proverb</p>	
	<p>"Only the paranoid survive." – Andy Grove</p>	
	<p>Talk with CallAnnie/Vapi for 25 minutes : "Cheers!" - A Toast to the Word's History and post the session live on social media.</p>	
	<p>Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK TEN

DAILY TASKS

DAY:09

	<p style="text-align: center;">TEDx Talk</p> <p style="text-align: center;">Watch: "The Danger of a Single Story" by Chimamanda Ngozi Adichie (in English & Urdu).</p> <p style="text-align: center;">Post both videos on social media.</p>	
	<p style="text-align: center;">Interview</p> <p style="text-align: center;">Conduct a 25 min interview with a classmate/facilitator/family member.</p> <p style="text-align: center;">Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem</p> <p style="text-align: center;">Make a song/poem about Dancing with Shadows and post on social media.</p>	
	<p style="text-align: center;">Coding Task</p> <p style="text-align: center;">Complete a small coding challenge Create Password Strength Checker. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits</p> <p style="text-align: center;">Hug mom/dad, perform Nafl, say Salam to a new person.</p> <p style="text-align: center;">Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3)</p> <p style="text-align: center;">"It's hard to beat a person who never gives up." – Babe Ruth</p>	
	<p style="text-align: center;">"I wake up every morning and think to myself, 'How far can I push this company in the next 24 hours.'" — Leah Busque</p>	
	<p style="text-align: center;">"If people are doubting how far you can go, go so far that you can't hear them anymore." — Michele Ruiz</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : "Hurry Up!" - The Tale of a Time-Sensitive Phrase and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK TEN

DAILY TASKS

DAY:10










	<p style="text-align: center;">TEDx Talk Watch: "The Power of Kindness" by Orly Wahba (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about The Moon Forgot to Shine and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Simple Voting System with Multiple Options: Enhance the voting system to allow multiple options instead of just two choices. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "The only way to do great work is to love what you do." – Steve Jobs</p>	
	<p style="text-align: center;">"Success is not the key to happiness. Happiness is the key to success." — Albert Schweitzer</p>	
	<p style="text-align: center;">"The future belongs to those who believe in the beauty of their dreams." – Eleanor Roosevelt</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : "Bye-Bye" - Where Did Our Goodbye Come From? and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK TEN

DAILY TASKS

DAY:11

	<p style="text-align: center;">TEDx Talk Watch: "What I Learned from 100 Days of Rejection" by Jia Jiang (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about Breath of Silence and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Create a timer that counts down from a user-defined number of minutes and seconds.Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "You are never too old to set another goal or to dream a new dream." – C.S. Lewis</p>	
	<p style="text-align: center;">"Success is not final, failure is not fatal: It is the courage to continue that counts." — Winston Churchill</p>	
	<p style="text-align: center;">"Your time is limited, so don't waste it living someone else's life." — Steve Jobs</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : ""Please" - The Evolution of Politeness and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK TEN

DAILY TASKS

DAY:12

	<p style="text-align: center;">TEDx Talk Watch: "How to Live Before You Die" by Steve Jobs (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about Fragments of a Name and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Number Conversion Tool that convert numbers between binary, decimal, octal, and hexadecimal. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "The only place where success comes before work is in the dictionary." – Vidal Sassoon</p>	
	<p style="text-align: center;">"Believe you can and you're halfway there." — Theodore Roosevelt</p>	
	<p style="text-align: center;">"The way to get started is to quit talking and begin doing." – Walt Disney</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : "Good Morning" - The Tradition Behind the Greeting and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK TEN

DAILY TASKS

DAY:13

	<p style="text-align: center;">TEDx Talk Watch: "The Art of Being Yourself" by Caroline McHugh (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about Winds that Never Rest and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Simple Countdown App that lets users set a specific countdown time with a notification when time runs out. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "Success usually comes to those who are too busy to be looking for it." – Henry David Thoreau</p>	
	<p style="text-align: center;">"I find that the harder I work, the more luck I seem to have." — Thomas Jefferson</p>	
	<p style="text-align: center;">"The journey of a thousand miles begins with one step." – Lao Tzu</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : "Sorry" - Tracing the Roots of Apology and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	





Rehan School Week Ten Report Card

Student Name: _____

Campus: _____

Student Roll Number: _____

Joining Date: _____

Tasks	Possible Frequency	Frequency Completed	Remaining Frequency	Post on FB	Post on YouTube	Post on LinkedIn	Post on Instagram
TEDx Talk Reviews	12						
Interviews	6						
Songs/Poems	6						
Coding Tasks	6						
Micro-Habits	18						
Canva Posts	18						
Talk with CallAnnie/Vapi	6						
Share & Comment on Rehan Allahwala Posts	6						
Total	78						



Parents Singnature

Facilitator Signature

WEEK ELEVEN

DAILY TASKS

DAY:15

	<p>TEDx Talk Watch: (in English & Urdu)."How to Start a Movement" by Derek Sivers Post both videos on social media.</p>	
	<p>Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p>Song/Poem Make a song/poem about Falling Between Stars and post on social media.</p>	
	<p>Coding Task Complete a small coding challenge Simple Age Guessing Game. Post a screenshot with a short explanation.</p>	
	<p>Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p>Canva Posts (3) "Don't wait. The time will never be just right." – Napoleon Hill</p>	
	<p>"If you want to achieve greatness stop asking for permission." — Anonymous</p>	
	<p>"The harder you work for something, the greater you'll feel when you achieve it." — Anonymous</p>	
	<p>Talk with CallAnnie/Vapi for 25 minutes : "Wow" - The Origin of an Expression of Surprise and post the session live on social media.</p>	
	<p>Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK ELEVEN

DAILY TASKS

DAY:16

	<p>TEDx Talk Watch: "This is What Happens When You Start a Movement" by Derek Sivers (in English & Urdu). Post both videos on social media.</p>	
	<p>Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p>Song/Poem Make a song/poem about Secrets of the Dust and post on social media.</p>	
	<p>Coding Task Complete a small coding challenge Create a simple daily planner where users can add tasks with time slots. Post a screenshot with a short explanation.</p>	
	<p>Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p>Canva Posts (3) "Dream big and dare to fail." – Norman Vaughan</p>	
	<p>"Don't stop when you're tired. Stop when you're done." — Anonymous</p>	
	<p>"Act as if what you do makes a difference. It does." – William James</p>	
	<p>Talk with CallAnnie/Vapi for 25 minutes : "Yes" - The Affirmative Power of a Simple Word and post the session live on social media.</p>	
	<p>Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK ELEVEN

DAILY TASKS

DAY:17


	<p style="text-align: center;">TEDx Talk Watch:"How to Speak So That People Want to Listen" by Julian Treasure (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about Secrets of the Dust The Sun's Quiet Song post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Word Finder that finds all words from a given list in a long text. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "Success doesn't come from what you do occasionally, it comes from what you do consistently." – Marie Forleo</p>	
	<p style="text-align: center;">"It always feels impossible until it's done." — Nelson Mandela</p>	
	<p style="text-align: center;">"The secret to getting ahead is getting started." – Mark Twain</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : "No" - A Deep Dive into Rejection and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK ELEVEN

DAILY TASKS

DAY:18

	<p style="text-align: center;">TEDx Talk Watch: "Why You Will Fail to Have a Great Career" by Larry Smith (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about Clouds in My Veins post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Leap Year Checker that checks whether a given year is a leap year. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "The only way to achieve the impossible is to believe it is possible." – Charles Kingsleigh</p>	
	<p style="text-align: center;">"Believe in yourself and all that you are. Know that there is something inside you that is greater than any obstacle." — Christian D. Larson</p>	
	<p style="text-align: center;">"Success isn't just about what you accomplish in your life; it's about what you inspire others to do." – Anonymous</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : "Sorry" - The Origins of Our Apologies and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK ELEVEN

DAILY TASKS

DAY:19

	<p>TEDx Talk Watch: "The Puzzle of Motivation" by Dan Pink (in English & Urdu). Post both videos on social media.</p>	
	<p>Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p>Song/Poem Make a song/poem about Unwritten Colors post on social media.</p>	
	<p>Coding Task Complete a small coding challenge Random Color Generator that generates random colors and displays them on the screen. Post a screenshot with a short explanation.</p>	
	<p>Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p>Canva Posts (3) "Everything you've ever wanted is on the other side of fear." – George Addair</p>	
	<p>"The best revenge is massive success." — Frank Sinatra</p>	
	<p>"Success is how you bounce from failure to failure without losing your enthusiasm." – Winston Churchill</p>	
	<p>Talk with CallAnnie/Vapi for 25 minutes : "Bless You" - The History Behind the Phrase and post the session live on social media.</p>	
	<p>Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK ELEVEN

DAILY TASKS

DAY:20

	<p style="text-align: center;">TEDx Talk Watch: "The Puzzle of Motivation" by Dan Pink (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about Unwritten Colors post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Random Color Generator that generates random colors and displays them on the screen. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "Everything you've ever wanted is on the other side of fear." – George Addair</p>	
	<p style="text-align: center;">"The best revenge is massive success." — Frank Sinatra</p>	
	<p style="text-align: center;">"Success is how you bounce from failure to failure without losing your enthusiasm." – Winston Churchill</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : "Bless You" - The History Behind the Phrase and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	





Rehan School Week Eleven Report Card

Student Name: _____

Campus: _____

Student Roll Number: _____

Joining Date: _____

Tasks	Possible Frequency	Frequency Completed	Remaining Frequency	Post on FB	Post on YouTube	Post on LinkedIn	Post on Instagram
TEDx Talk Reviews	12						
Interviews	6						
Songs/Poems	6						
Coding Tasks	6						
Micro-Habits	18						
Canva Posts	18						
Talk with CallAnnie/Vapi	6						
Share & Comment on Rehan Allahwala Posts	6						
Total	78						



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Facilitator Signature

WEEK TWELVE

DAILY TASKS

DAY:22

	<p style="text-align: center;">TEDx Talk</p> <p style="text-align: center;">Watch: "How to Be a Better Leader" by Rosalinde Torres (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview</p> <p style="text-align: center;">Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem</p> <p style="text-align: center;">Make a song/poem about Dreams Between the Lines post on social media.</p>	
	<p style="text-align: center;">Coding Task</p> <p style="text-align: center;">Complete a small coding challenge Character Counte that counts how many times each character appears in a string. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits</p> <p style="text-align: center;">Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3)</p> <p style="text-align: center;">"Start where you are. Use what you have. Do what you can." – Arthur Ashe</p>	
	<p style="text-align: center;">"Nothing is impossible. The word itself says 'I'm possible!'" – Audrey Hepburn</p>	
	<p style="text-align: center;">"Don't wait for the perfect moment. Take the moment and make it perfect." – Zoey Sayward</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : "What's Up?" - Tracing the Roots of Informal Greetings and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK TWELVE

DAILY TASKS

DAY:23

	<p style="text-align: center;">TEDx Talk</p> <p style="text-align: center;">Watch:"What Makes a Good Life? Lessons from the Longest Study on Happiness" by Robert Waldinger (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview</p> <p style="text-align: center;">Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem</p> <p style="text-align: center;">Make a song/poem about"Yay!" - The Celebration Behind a Cheerful Word and post on social media.</p>	
	<p style="text-align: center;">Coding Task</p> <p style="text-align: center;">Complete a small coding challenge Simple Fibonacci Sequence Generate that generates and prints the Fibonacci sequence up to a specified number. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits</p> <p style="text-align: center;">Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3)</p> <p style="text-align: center;">"Small daily improvements over time lead to stunning results." – Robin Sharma</p>	
	<p style="text-align: center;">"Do one thing every day that scares you." — Eleanor Roosevelt</p>	
	<p style="text-align: center;">"Great things are done by a series of small things brought together." – Vincent Van Gogh</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : "I Don't Know" - A Journey Through Uncertainty and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK TWELVE

DAILY TASKS

DAY:24

	<p style="text-align: center;">TEDx Talk Watch:"The Brain-Changing Benefits of Exercise" by Wendy Suzuki (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about "Alrighty Then" - The Playful History of Agreement and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Simple Contact List App that manage contact information with name, phone number, and email. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "Opportunities are usually disguised as hard work, so most people don't recognize them." – Ann Landers</p>	
	<p style="text-align: center;">"Don't be pushed around by the fears in your mind. Be led by the dreams in your heart." — Roy T. Bennett</p>	
	<p style="text-align: center;">"Success is not overnight. It's when every day you get a little better than the day before. It all adds up." – Dwayne Johnson</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : "Good Luck" - The Superstitions Behind the Wishes and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK TWELVE

DAILY TASKS

DAY:25

	<p style="text-align: center;">TEDx Talk Watch: "How to Build Your Confidence—And Spark It in Others" by Brittany Packnett (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about "Hey" - The Origins of Casual Connection and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Create a basic survey application where users can answer a set of questions and view the results. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "Hustle beats talent when talent doesn't hustle." — Ross Simmonds</p>	
	<p style="text-align: center;">"Courage doesn't always roar. Sometimes courage is the little voice at the end of the day that says, 'I'll try again tomorrow.'" — Mary Anne Radmacher</p>	
	<p style="text-align: center;">"If you don't build your dream, someone else will hire you to help build theirs." — Tony Gaskins</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : "Take Care" - The Gentle Origins of Caring Words and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK TWELVE

DAILY TASKS

DAY:26

	<p style="text-align: center;">TEDx Talk Watch: "The Secret to Living Longer May Be Your Social Life" by Susan Pinker(in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about "No Way!" - A Surprising History of Disbelief and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Create Factorial Calculator: Calculate the factorial of a given number. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "Perseverance is not a long race; it is many short races one after the other." – Walter Elliot</p>	
	<p style="text-align: center;">"The difference between ordinary and extraordinary is that little extra." — Jimmy Johnson</p>	
	<p style="text-align: center;">"Focus on being productive instead of busy." – Tim Ferriss</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : "Cool" - From Ice to Attitude: How the Word Evolved and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	



WEEK TWELVE

DAILY TASKS

DAY:27

	<p style="text-align: center;">TEDx Talk Watch: "Inside the Mind of a Master Procrastinator" by Tim Urban. (in English & Urdu). Post both videos on social media.</p>	
	<p style="text-align: center;">Interview Conduct a 25 min interview with a classmate/facilitator/family member. Post the recorded video.</p>	
	<p style="text-align: center;">Song/Poem Make a song/poem about "All Good" - The Comforting Power of Reassurance and post on social media.</p>	
	<p style="text-align: center;">Coding Task Complete a small coding challenge Create Multiplication Table Generator: Display the multiplication table for a user-defined number. Post a screenshot with a short explanation.</p>	
	<p style="text-align: center;">Micro-Habits Hug mom/dad, perform Nafl, say Salam to a new person. Mark on the tracker</p>	
	<p style="text-align: center;">Canva Posts (3) "Do what you can, with what you have, where you are." – Theodore Roosevelt</p>	
	<p style="text-align: center;">"Chase the vision, not the money; the money will end up following you." — Tony Hsieh</p>	
	<p style="text-align: center;">"Work hard in silence; let your success make the noise." – Frank Ocean</p>	
	<p style="text-align: center;">Talk with CallAnnie/Vapi for 25 minutes : "Peace" - The Power and History of a Simple Wish and post the session live on social media.</p>	
	<p style="text-align: center;">Visit Rehan Allahwala's LinkedIn and Facebook, share one post, and leave a meaningful comment.</p>	





Rehan School Week Twelve Report Card

Student Name: _____

Campus: _____

Student Roll Number: _____

Joining Date: _____

Tasks	Possible Frequency	Frequency Completed	Remaining Frequency	Post on FB	Post on YouTube	Post on LinkedIn	Post on Instagram
TEDx Talk Reviews	12						
Interviews	6						
Songs/Poems	6						
Coding Tasks	6						
Micro-Habits	18						
Canva Posts	18						
Talk with CallAnnie/Vapi	6						
Share & Comment on Rehan Allahwala Posts	6						
Total	78						



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Rehan School Fifth Month Report Card

Student Name: _____ Campus: _____

Student Roll Number: _____ Joining Date: _____

Tasks	Possible Frequency	Frequency Completed	Remaining Frequency	Post on FB	Post on YouTube	Post on LinkedIn	Post on Instagram
TEDx Talk Reviews	48						
Interviews	24						
Songs/Poems	24						
Coding Tasks	24						
Micro-Habits	72						
Canva Posts	72						
Talk with CallAnnie/Vapi	24						
Share & Comment on Rehan Allahwala Posts	24						
Total	312						



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Rehan School Final Report Card

Student Name: _____

Campus: _____

Student Roll Number: _____

Joining Date: _____

Tasks	Possible Frequency	Frequency Completed	Remaining Frequency	Post on FB	Post on YouTube	Post on LinkedIn	Post on Instagram
TEDx Talk Reviews	144						
Interviews	72						
Songs/Poems	72						
Coding Tasks	72						
Micro-Habits	216						
Canva Posts	216						
Talk with CallAnnie/Vapi	72						
Share & Comment on Rehan Allahwala Posts	72						
Total	924						



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CONCLUSION

The 3 months journey through this workbook has been designed to foster creativity, critical thinking, and practical skills among Rehan School students. By engaging in a variety of tasks, including interviews, TEDx reviews, Canva designs, and creative story and song writing, students have had the opportunity to explore diverse topics ranging from ethics and leadership to cultural heritage and technological innovation. Each day's activities have been carefully crafted to not only enhance academic knowledge but also to cultivate a deeper understanding of personal and social responsibility. The use of tools like CallAnnie and ChatGPT has enabled students to engage in meaningful conversations, develop digital literacy, and reflect on important global issues.

As students complete this workbook, they should carry forward the lessons learned into their everyday lives. The goal has always been to empower each student to become a well-rounded individual, capable of critical thought, creativity, and ethical decision-making. By embracing these skills, students are better equipped to contribute positively to society, pursue their passions, and face the challenges of the future with confidence and resilience.

Best wishes,
Rehan Allahwala



Rehan School Workbook

Empower your learning journey with this workbook, designed to help you develop essential skills in communication, technology, creativity, and personal growth. Crafted by Rehan Allahwala, Founder of Rehan School, and compiled with content from ChatGPT by Manahil Remotejobwali, Assistant to Rehan Allahwala, this workbook combines modern learning methods with creative exploration.

Through a range of activities, from TEDx Talk reviews to live interviews, coding challenges, and micro-habits, this workbook is your guide to unlocking your full potential. The curriculum, designed by Rehan Allahwala, ensures you build critical thinking, technical skills, and self-confidence while having fun.

Start your journey with Rehan School, where learning meets innovation, and creativity meets success!

Retail Price: Rs 1500